

Blood Draw Information

Please note our current laboratory testing/ blood draw information.

We are not performing blood draws onsite at this time.

A Note About Lab Monitoring for Medication Management: For prescription refills, please be aware of the number of refills you have left on your current prescription bottles and allow up to 3 business days for your refill request to be processed. For non-Adderall refills, please call your pharmacy to request more refills, and they will then fax us the order.

Before refilling your prescription, we will also determine whether you need to be seen for a follow up visit or blood draw. Patients must be seen at least once a year by their provider for continued prescription management. If you feel that you may need a change in your prescription for any reason, you will usually need to schedule an appointment to discuss this with your practitioner.

Low Dose Naltrexone (LDN) refills: Please call your pharmacy if you need a refill at your current dosage. If a change of dosage is needed, please let us know, along with the name of the pharmacy.

Blood draw requests: To request a blood draw and a follow up visit, please email ma@quest-center.org or call (503) 238-5203 ext 200. Lab orders will designate that your insurance should be billed, unless you specify that you would like to pre-pay out of pocket. Please see below for pre-pay insurance coverage information.

If you feel that you may need a change in your prescription for any reason, please provide information on what symptoms you are experiencing. You may also simply request labs for your annual check-up. A blood draw request will be sent to your prescriber. If your prescriber approves the request, they will order labs, and a lab order will be emailed to you. Please allow 3 business days for your request to be processed. If they do not approve the request, they may request that we contact you to make an appointment first, to discuss issues before ordering labs.

Lab orders: Lab orders are automatically sent to Quest Diagnostics Service centers, so if you choose to go there, you do not need to take a lab order with you. You can keep your emailed copy of the lab order for your reference.

If you want to go to a hospital lab or another lab that is not Quest Diagnostics, you can then print your lab order to take with you. A lab order can also be faxed to the lab of your choice, so please let us know via ma@quest-center.org.

Results: Please schedule a follow up appointment 1-2 weeks after your blood draw.

Quest Diagnostics lab results are automatically sent to us, and are available for you to review via their results portal: <https://www.questdiagnostics.com/home/patients/getting-results/how-to-get-results/>

Every Friday we will also email to patients their Quest Diagnostic results from the past 7 days, as an additional courtesy. Please note: **Hospitals do not always automatically send lab results to us**. Please let us know when results are in your patient portal, so that we can request a copy.

Lab locations and details:

We are no longer providing blood draws at Quest Center for Integrative Health.

Quest Diagnostics labs: Preferred for most plans* (accepts multiple insurance plans, not Kaiser)
<https://appointment.questdiagnostics.com/patient/confirmation>

OHSU labs: Preferred for CareOregon/OHSU/Moda plans (accepts multiple insurance plans, not Kaiser)
Fax for orders: (503) 494-6830 or (503) 494-6790
<https://www.ohsu.edu/lab-services/outpatient-phlebotomy-services>

Providence labs: (accepts multiple insurance plans, not Kaiser)
Fax for orders: (855) 234-2493
<https://oregon.providence.org/our-services/p/providence-laboratory-services/locations/>

Legacy labs: (accepts multiple insurance plans, not Kaiser)
Fax for orders: (503) 413-4671
<https://www.legacyhealth.org/for-health-professionals/refer-a-patient/laboratory-services.aspx>

Kaiser labs: Preferred for Kaiser plans (accepts Kaiser plans only)
Email for orders: nw.roi@kp.org
<https://healthy.kaiserpermanente.org/oregon-washington/doctors-locations#/search-form>

*Medicare does not recognize ND medical providers, so they will not cover any lab orders requested from a Naturopath. Please pre-pay and go to a Quest Diagnostics Service Center.

Pre-pay: If you do not want to have your insurance billed, or if you have a medicare plan that does not cover Dr. Quinn, please call (503) 238-5203 and pre-pay over the phone to the front desk. A lab order will be sent after you pre-pay.

Basic Thyroid Panel: \$52.86 (TSH, FT4, FT3)

Basic Hormone Panel: \$100.65 (Estradiol, FSH, Progesterone)

You may pre-pay for any tests requested and approved, if you **don't want your insurance company to be billed for your labs**. Common test prices, and CPT codes are listed below. Please contact your insurance company and provide them with this CPT code information if you have any lab coverage questions.

Hormone testing: Non-fasting. For lab orders containing menstrual hormone tests like Estradiol, FSH, and Progesterone, please get your tests done within the appropriate timing or your cycle:

Annual check with a regular cycle: Test days 18-21 during luteal phase

Irregular Cycle: Test after next menses as above or test now.

Menopausal: Test anytime.

If you are taking **oral hormones:** Please take your dose ~12 hours prior to collection.

If you are using **topical hormones:** Please apply topically 12-24 hours before collection.

Common Test List							
Test name	Test code	Prepay price	CPT code	Test name	Test code	Prepay price	CPT code
Quest Diagnostics							
CMP	10231	12.07	80053	Ferritin	457	13.64	82728
CBC w/diff	6399	5.68	85025	Iron Total*	571	5.68	83540
TSH	899	11.93	84443	TIBC*	7573	11.02	83550
Free T4	866	18.20	84439	Rh Factor	4418	11.70	86431
Free T3	34429	22.74	84481	CCP Ab IgG	11173	100.30	86200
Thyroglobulin AB	267	40.64	86800	ANA w/Reflex to 11 AB	19946	520.05	86038
TPO	5081	15.38	86376	EBV Antibody Panel	6421	90.93	86665
Estradiol (Ult Sensitive)	30289	52.29	82689	Sed Rate by Mod West	29891	6.97	85651
Progesterone	745	22.74	84144	Folate	466	10.71	82746
FSH	470	25.02	83001	Vitamin B-12	927	16.47	82607
LH	615	25.02	83002	Vitamin D 25-OH CIQ*	91735	38.44	82306
DHEA-Sulfate	402	31.80	82627	Lipid Panel CIQ	91716	18.90	80061
Testost. Free & Total	36170	38.81	82040	Lipid Panel- Reflex LDL	92061	27.97	80061
Testost. Total	15983	41.82	84403	Ion Mobility CIQ	91604	15.00	83704
Clam/Gonorr (Urethral)	11363	35.00	87491	Cardio hs-CRP CIQ	91737	26.15	86141
Clam/Gonorr (Throat)	70051	35.00	87591	Fasting Glucose CIQ*	91947	6.47	82947
Clam/Gonorr (Rectal)	16506	35.00	87491	Fasting Insulin CIQ*	91731	8.82	83525
HIV Ab & Antigen	91431	31.30	87389	Lipoprotein (a) CIQ	91729	52.00	83695
RPR W reflex	799	6.97	86592	Apolipoprotien CIQ	91727	50.00	82172
Valproic Acid	916	26.53	80164	Lp-PLA2 activity CIQ	94218	50.00	83698
Lithium	613	13.83	80178	Homocysteine CIQ	91733	38.44	83090
Calprotectin (Stool)	16796	195.04	83993	Hemoglobin A1C CIQ	91732	17.05	83036
H-pylori Breath Test	14839	178.32	83013	ApoE genotype CIQ	90649	386.00	81401
Fecal Globin (FIT)	11290	66.87	82274	MPO CIQ	92814	55.00	86021
Pharmacogenomics	36943	900.00	81381	Fibrinogen antigen CIQ*	91743	50.00	85385
Labcorp							
Ceruloplasmin	1560	67.25	82390	Zinc	1800	74.00	84630
Copper	1586	81.25	82525	Histamine	81315	251.50	83088
*Test requires fasting of 10 hours minimum, please drink water							
Cardio IQ: All tests shaded grey are applicable to a \$45 maximum out-of-pocket fee if insurance denies							