

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
1	2 Labor Day Acupuncture Group 4-6 PM Wellness Yoga 5:15-6:15 PM	3 Acupuncture 9-11:30 AM ACT Therapy Group 11 AM Nutrition Group 12:30-1:30 PM Meditation 2:30-3 PM	4 Orientation 10 - 11 AM	5 Acupuncture 9-11:30 AM Meditation 2:30-3 PM Acupuncture 4-6 PM Nutrition Night 6:30 PM	6 Acupuncture 12-2 PM Wellness Yoga 2-3 PM WISH Support Group 3-5 PM	7																																																																																											
8 Grandparents Day	9 Acupuncture Group 4-6 PM Wellness Yoga 5:15-6:15 PM	10 Acupuncture 9-11:30 AM ACT Therapy Group 11 AM Nutrition Group 12:30-1:30 PM Meditation 2:30-3 PM	11 Patriot Day Orientation 10 - 11 AM	12 Acupuncture 9-11:30 AM Meditation 2:30-3 PM Acupuncture 4-6 PM Nutrition Night 6:30 PM	13 Acupuncture 12-2 PM Wellness Yoga 2-3 PM WISH Support Group 3-5 PM	14																																																																																											
15	16 Acupuncture Group 4-6 PM Wellness Yoga 5:15-6:15 PM	17 Constitution Day Acupuncture 9-11:30 AM ACT Therapy Group 11 AM Nutrition Group 12:30-1:30 PM Meditation 2:30-3 PM	18 Orientation 10 - 11 AM	19 Acupuncture 9-11:30 AM Meditation 2:30-3 PM Acupuncture 4-6 PM Nutrition Night 6:30 PM	20 Acupuncture 12-2 PM Wellness Yoga 2-3 PM WISH Support Group 3-5 PM	21																																																																																											
22	23 Autumnal equinox Acupuncture Group 4-6 PM Wellness Yoga 5:15-6:15 PM	24 Acupuncture 9-11:30 AM ACT Therapy Group 11 AM Nutrition Group 12:30-1:30 PM Meditation 2:30-3 PM	25 Orientation 10 - 11 AM	26 Acupuncture 9-11:30 AM Meditation 2:30-3 PM Acupuncture 4-6 PM Nutrition Night 6:30 PM	27 Acupuncture 12-2 PM Wellness Yoga 2-3 PM WISH Support Group 3-5 PM	28																																																																																											
29	30 Rosh Hashanah Acupuncture Group 4-6 PM Wellness Yoga 5:15-6:15 PM	1 Acupuncture 9-11:30 AM ACT Therapy Group 11 AM Nutrition Group 12:30-1:30 PM Meditation 2:30-3 PM	2 Orientation 10 - 11 AM	3 Acupuncture 9-11:30 AM Meditation 2:30-3 PM Acupuncture 4-6 PM Nutrition Night 6:30 PM	4 Acupuncture 12-2 PM Wellness Yoga 2-3 PM WISH Support Group 3-5 PM	5																																																																																											
6	7	<p>August 2019</p> <table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> </tr> </tbody> </table>		S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	<p>October 2019</p> <table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td></td> <td></td> </tr> </tbody> </table>		S	M	T	W	T	F	S										1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
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