



WOW Wednesdays 4-7PM
Weekly dinner and support group for women living with HIV and their children



JUNE 2019

HIV SERVICES

Men's HIV+ Peer Community Group Fridays 3-5PM

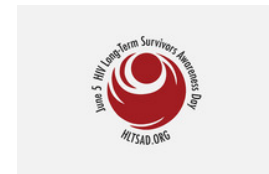
Drop in community group for HIV+ male-identified Peer Support clients

S	M	T	W	T	F	S
						1 Quest Community Day!!!
2	3 Gentle Yoga 5:15PM- 6:15PM	4 WISH NUTRITION GROUP 12:30 PM-2PM	5 WOW Dinner 4-5 PM Processing Group 5-7 PM	6 Community Nutrition Night 6-7:30 PM	7 Women's Art Therapy 10AM-1PM HIV+ Men's Peer Community Group Peer Activity 3-5PM	8
9	10 Gentle Yoga 5:15PM- 6:15PM	11 WISH NUTRITION GROUP 12:30 PM-2PM	12 WOW Education Night with Dennis 4-7 PM	13 Community Nutrition Night 6-7:30 PM	14 HIV+ Men's Peer Community Group Peer Activity: 3-5PM Queer Game Night! 5:30-8:30PM	15
16 PRIDE 2019 Father's Day!	17 Gentle Yoga 5:15PM- 6:15PM	18 WISH NUTRITION GROUP 12:30 PM-2PM	19 WOW Dinner 4-5 PM Processing Group 5-7 PM	20 Community Nutrition Night 6-7:30 PM	21 Women's Art Therapy 10AM-1PM HIV+ Men's Peer Community Group Movie Night 3-5PM	22
23	24 Gentle Yoga 5:15PM- 6:15PM	25 WISH NUTRITION GROUP 12:30 PM-2PM	26 WOW Dinner 4-5 PM Activity Night 5-7 PM	27 Community Nutrition Night 6-7:30 PM	28 HIV+ Men's Peer Community Group Potluck 3-5PM	29
30						

AWARENESS DAYS

June 5th , 2019

National HIV Long-term Survivors Day



June 8th, 2019

Caribbean American Awareness Day



June 27th, 2019

National HIV Testing Day



HAPPY PRIDE 2019, PORTLAND!

Join Quest in celebrating the LGBTQ+ Community at this year's Pride on **June 15 & 16** at **Tom McCall Park**. Quest will have a booth of fun activities set up on both days! Pride activities will be taking place throughout the city the week leading up to the weekend. This year's Pride also marks the 50th anniversary of the Stonewall Riots.



WOMEN OF WISDOM

Art Therapy- Fridays 10-1 PM

Friday 6/7 Prayer Flags | Friday 6/21 Watercolor
Gladys Mccoy Building | **NEW LOCATION**
619 NW 6th Ave. 3rd Floor
Portland, Or. 97209

**EDUCATION NIGHT WITH DENNIS
TORRES OF GILEAD
JUNE 12, 2019**

FESTIVAL:

SAT, JUNE 15 12PM-8PM

SUN, JUNE 16 11:30 AM-6PM

PARADE:

SUN, JUNE 16 11AM*

PEER SUPPORT SERVICES

**Men's HIV+ Peer Community
Group
Friday 3-5PM**

Join the Men's HIV+ Peer Community Group every Friday, 3-5 PM at the Quest East as an opportunity to connect with other HIV+ men, to support one another through lived experiences, and to help break away from the stigma of living with HIV. This group operates on a drop-in basis.

For more information on accessing Peer Support Services at Quest, please contact HIV Services Program Coordinator Jenya Gluzberg
Email: jenya@quest-center.org
Phone: (503) 258-5203 x 321