

# NOVEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																																
28	29	30	31 Halloween	1 Acupuncture Group 9:30-12 PM	2 Acupuncture Group 9:30-12 PM Rethinking Pain Group 12:15-1:15 PM	3																																																																																																																
4 Daylight Saving	5 Acupuncture Group 3-5 PM	6 Nutrition Group 10:30-11:30 AM Qi Gong 12:15-1:15 PM	7 Acupuncture Group 9:30-12:00 PM Walking Group 12:30 - 1:30	8 Acupuncture Group 9:30-12 PM	9 Acupuncture Group 9:30-12 PM Rethinking Pain Group 12:15-1:15 PM	10																																																																																																																
11 Veterans Day	12 Acupuncture Group 3-5 PM	13 Nutrition Group 10:30-11:30 AM Qi Gong 12:15-1:15 PM	14 Acupuncture Group 9:30-12:00 PM Walking Group 12:30 - 1:30	15 Acupuncture Group 9:30-12 PM	16 Acupuncture Group 9:30-12 PM Rethinking Pain Group 12:15-1:15 PM	17																																																																																																																
18	19 Acupuncture Group 3-5 PM	20 Nutrition Group 10:30-11:30 AM Qi Gong 12:15-1:15 PM	21 Acupuncture Group 9:30-12:00 PM Walking Group 12:30 - 1:30	22 Thanksgiving Office Closed	23 Acupuncture Group 9:30-12 PM Rethinking Pain Group 12:15-1:15 PM	24																																																																																																																
25	26 Acupuncture Group 3-5 PM	27 Nutrition Group 10:30-11:30 AM Qi Gong 12:15-1:15 PM	28 Acupuncture Group 9:30-12:00 PM Walking Group 12:30 - 1:30	29 Acupuncture Group 9:30-12 PM	30 Acupuncture Group 9:30-12 PM Rethinking Pain Group 12:15-1:15 PM	1																																																																																																																
2	3 Chanukah	<table border="0"> <tr> <td colspan="7">October 2018</td> <td colspan="7">December 2018</td> </tr> <tr> <td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td> <td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td> </tr> <tr> <td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td> <td></td><td></td><td></td><td></td><td></td><td></td><td>1</td> </tr> <tr> <td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td> <td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td> </tr> <tr> <td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td> <td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td> </tr> <tr> <td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td> <td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td> </tr> <tr> <td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td> <td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td> </tr> <tr> <td></td><td></td><td></td><td></td><td></td><td></td><td></td> <td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td> </tr> </table>			October 2018							December 2018							S	M	T	W	T	F	S	S	M	T	W	T	F	S		1	2	3	4	5	6							1	7	8	9	10	11	12	13	2	3	4	5	6	7	8	14	15	16	17	18	19	20	9	10	11	12	13	14	15	21	22	23	24	25	26	27	16	17	18	19	20	21	22	28	29	30	31				23	24	25	26	27	28	29								30	31						<p>Clackamas County 112 Beaver Creek Rd Oregon City, OR 97045 503.772.6277</p>	
October 2018							December 2018																																																																																																															
S	M	T	W	T	F	S	S	M	T	W	T	F	S																																																																																																									
	1	2	3	4	5	6							1																																																																																																									
7	8	9	10	11	12	13	2	3	4	5	6	7	8																																																																																																									
14	15	16	17	18	19	20	9	10	11	12	13	14	15																																																																																																									
21	22	23	24	25	26	27	16	17	18	19	20	21	22																																																																																																									
28	29	30	31				23	24	25	26	27	28	29																																																																																																									
							30	31																																																																																																														