

live with
intention

LINK
Living with Intention and Knowledge
Group
8 WEEKS

Facilitators:

Danielle Deer

CADC II, Director of Behavioral Health

Dani is an advocate for individualized recovery for people navigating change and growth within their own scope of who they are. An addictions counselor for 7 years with a deep understanding in attachment, community and stages of change.

Kim Acord

CRM, Recovery Mentor

Kim believes that any person, at any time in their life, can stop abusing substances and cultivate a healthy, positive lifestyle. She is passionate in connecting clients to supportive communities for wellness.

Fee:

This Group can be billed to OHP plans, or insurance. Self-pay options are also available.

October 3rd - November 21st
Wednesdays 10:00 am - 11:30 am
Location: Flanders West Group Room
2720 NE Flanders Street, Portland, OR 97232

LINK strives to foster a connection between wellness and recovery efforts for folx considering harmful impacts of substance use within their lives, but do not necessarily consider themselves to be experiencing dependence and/or addiction.

This group will encourage community interaction, self-empowerment, and will introduce helpful tools to address potentially harmful substance use and set reasonable wellness and recovery goals.

Any Quest client is able to participate in this group after a substance use assessment has been completed. Any questions about eligibility or participation? Feel free to ask your provider(s) at Quest .

BE WELL - BE YOU

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2901 E. Burnside Street, Portland Oregon 97214

503-238-5203